



5 STAR CARE

Adekunle Gold Foundation

‘Every Life Deserves 5 Star Care’

Register at: www.adekunlegoldfoundation/5starcare

Contact us at: 5starcare@adekunlegoldfoundation.com

Contact us at: 09040002010 (calls)

Contact us at: 08084840048 (WhatsApp only)



BENEFITS PACKAGE

- Registration
- General consultation
- Blood Pressure, Weight, Temperature Checks, Height, RR
- Health education on various illnesses HIV, Hypertension, Diabetes Mellitus, Tuberculosis, Chronic Obstructive Pulmonary Disease (COPD).

DETAILS

REGISTRATION AND CONSULTATION

SPECIALIST CARE

- Specialist Consultation (limited to 4 visits):
 - General surgeons
 - Paediatrician,
 - ENT Surgeon
 - Dietician
 - Gynaecology
 - Family Physician
 - Cardiology
 - Orthopaedics
- Physiotherapy (when medically indicated) (Up to 5 sessions annually)

BENEFITS PACKAGE (Contd.)

COMMON AILMENTS

- Out-patient care for common ailments: Malaria and other acute uncomplicated febrile illnesses, Diarrhoeal diseases, Acute respiratory tract infections, Uncomplicated pneumonia, Simple anemia (not requiring blood transfusion), Simple skin diseases other uncomplicated bacterial, fungal, parasitic and viral infections and illnesses.
- Follow-up treatment of chronic illnesses, e.g. Hypertension, Diabetes mellitus, Sickle cell, Asthma, Osteoarthritis.
- First Aid for Dog bites, Snake bites, Scorpion stings, and other minor musculoskeletal diseases

CHILDHOOD ILLNESSES

- Feeding problems and nutritional counselling Treatment of common childhood illnesses, e.g., (Malaria, Other febrile illnesses, Diarrhoea diseases, Uncomplicated malnutrition, Measles, Upper respiratory tract infections Uncomplicated pneumonia and other childhood exanthemas, Common skin diseases

CHILD WELFARE SERVICES

- Nutritional advice, health education and other services
- Growth monitoring
- National Program on Immunization (NPI) schedule for Under 5s

BENEFITS PACKAGE (Contd.)

EYECARE

- Treatment of minor eye ailments including Conjunctivitis, Parasitic and allergic ailments, Simple contusion,
- Removal of conjunctival non-penetrating foreign body
- Refraction Lens and Frames صلى الله عليه وسلم ₦10,000 LIMIT صلى الله عليه وسلم
- Pterygium Surgery
- Cataract Extraction Surgery

FAMILY PLANNING SERVICES

- Counselling on family planning methods
- Provision of services: Oral Contraceptive, Condom(3units-perfamily/policy)
- Provision of services: Emergency contraception, Injectables, Implant, Plain Intrauterine contraceptive device (Copper-T)

HOSPITAL CARE AND ADMISSION

- Standard/General ward
 - A single meal (***where available***)
- 15 days cumulative per year.

BENEFITS PACKAGE (Contd.)

HOSPITAL CARE AND ADMISSION	
➤	Standard/General ward
➤	A single meal where available
➤	15 days cumulative/annum
PHARMACEUTICAL CARE	
	Provision of prescribed drugs in line with LSHS for primary care cases
BLOOD TRANSFUSION	
➤	Two (2) pint limit per year
➤	Donor Screening
CHRONIC DISEASE	
➤	Screening and Diagnosis of Diabetes, Hypertension, Asthma
➤	Treatment of Diabetes, Hypertension and Asthma
➤	Periodic routine investigations for Diabetes and Hypertension
HIV/AIDS SERVICE	
➤	Provider initiated test based on clinical guidelines
➤	Referral to HIV referral centres for treatment
➤	Client-Initiated testing (once a year)
	HIV service charge (consultation and dispensing of medication)

BENEFITS PACKAGE (Contd.)

HIV/AIDS SERVICE (Contd.)

Perinatal HIV exposure for Neonate (Zidovudine and Nevirapine)

TUBERCULOSIS SERVICES

Sputum AFB for Tuberculosis

Referral linkages to designated treatment centres for treatment

TB Service charge (Consultation, counselling and dispensing of drugs)

HAEMATOLOGY

Full Blood count, ESR Westergren, Malaria Parasites, Genotype

Rhesus Factor, Blood Group, Bleeding Time, Clotting Time, Prothrombin Time (PT), Partial Thromboplastin Time (PTT), Screening of Blood

CLINICAL CHEMISTRY

- Random/Fasting Blood Sugar, **2HPP**, Electrolyte (Sodium, Potassium, Chloride & Bicarbonate)
- Pregnancy Test, Urinalysis, Widal Test
- Oral Glucose Tolerance Test (OGTT)
- Blood Urea Creatinine, Creatinine Clearance
- Liver function Test (Cholesterol, Triglyceride, HDL/LDL Cholesterol, Gamma GT, Uric Acid, Bilirubin (Direct/Indirect)
- Albumin, Glycosylated Haemoglobin (HbA1C)

BENEFITS PACKAGE (Contd.)

MICROBIOLOGY

- Sputum M/C/S
- M/C/S for urine, stool, blood, HVS, wound swabs, semen and CSF
- Semen analysis
- Helicobacter Pylori

DIAGNOSTIC RADIOLOGICAL INVESTIGATIONS

- Plain X-Ray (Chest, Limbs, Abdomen, Vertebra, Pelvis) Echocardiogram (1 PER YEAR)
-

ULTRASOUND

TESTS

- Obstetrics can Abdomen USS, Pelvic USS (2 PER YEAR) ECG (2 PER YEAR) Pap Smear (1 PER YEAR)
- ➤ ➤ ➤ Mammogram by Consultant's Request (1 PER YEAR)

BENEFITS PACKAGE (Contd.)

MATERNAL AND NEWBORN CARE (PRINCIPAL OR SPOUSE ONLY)

- Antenatal Services (VDRL, HepB (HbsAg), HIV, blood group, BP, glucose, HB, prenatal drugs and at least 2 r scans)
- Cervical Cerclage
- Normal Delivery, assisted vacuum or forceps deliveries
- Elective/Emergency Caesarean Section
- Dilatation and curettage for missed abortion and incomplete abortion,
- Rho(D) immune globulin human (Anti-D)
- Hysterectomy, Explorative laparotomy indicated to control post-partum haemorrhage, Ruptured, Ectopic
- National Program on Immunization (NPI) vaccination schedule
- Circumcision of a male neonate
- Ear-piercing of female neonate
- Perinatal care for the following conditions in the first 28 days:
 - > Incubator care for premature New-Born (5 days limit)
 - > Ophthalmia neonatorum, Phototherapy, Asphyxia, Sepsis, EBT, Neonatal Tetanus.
 - > Local Ambulance Services for Maternity emergency from Primary care facility

BENEFITS PACKAGE (Contd.)

DENTAL CARE

- Preventive oral health care COUNSELLING
- Scaling and polishing (once a year),
- Non-surgical Tooth extraction (max 2 per annum)
- Dental X-ray (max 2 per annum)
- Composite Filing (max 1 per annum)

SURGERIES

- **MINOR:**
 - > Incisions and Drainages > Suturing of Minor Laceration > Wound dressing (5 days limit) > Herniotomy Herniorrhaphy, Appendectomy, > Lumpectomy (ganglion, simple lipoma) > POP application for simple fractures
- **MAJOR:**
 - > Exploratory Laparotomy (Ruptured appendix & Ruptured Ectopic) > Salpingectomy > Repair of vesico-vaginal / recto-vaginal fistula

BENEFITS PACKAGE (Contd.)

ANNUAL MEDICAL SCREENING AT DESIGNATED CENTERS (PRINCIPAL ONLY)

- Physical examination
- Urinalysis Fasting Blood Sugar
- Total Cholesterol Basic Eye
- Exam
- Blood in Stool. Occult blood
- X-RAY: Chest (PA View)

BENEFITS PACKAGE (Contd.)

EMERGENCY CARE

Establishing an intravenous (infusion) line, Simple tracheostomy, Management of convulsion, Control of bleeding, Pulmonary resuscitation, assisted respiration (e.g. Ambubag, etc.)
Management of simple fractures (using splints, neck collars, etc.)
Aspiration of mucus plug to clear airways.
Acute Asthma Attack & other emergency conditions as may be listed from time to time.

TELEMEDICINE SERVICES

- Teleconsultation Services:
 - > Physical access at the V-Booth: - 8:30am – 4pm
 - > 24hrs via the App and Telephone (080000EKO-VBT080000356828)
 - > Advice/Prescription for medication where available
 - > Health education broadcast
 - > Mental Health Consultation & Counseling